

# IRISH STEW

**Count:** 32      **Wall:** 4      **Level:** Beginner / Intermediate

**Choreographer:** Lois Lightfoot

**Music:** Irish Stew by Sham Rock



## **SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE**

- 1&                      Touch right toe to side, step right together
- 2&                      Touch left toe to side, step left together
- 3&4                    Touch right toe to side, clap, clap
- 5&                      Touch right heel forward, step right together
- 6&                      Touch left heel forward, step left together
- 7&8                    Touch right heel forward, clap, clap

## **SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, TURN ½**

- 1&2                    Step right forward, step left together, step right forward
- 3-4                    Rock left forward, recover onto right
- 5&6                    Step left back, step right together, step left forward
- 7-8                    Step right forward, turn ½ left (weight to left)

## **RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE**

- 1-2                    Cross/rock right over left, recover onto left
- 3&4                    Step right to side, step left together, step right to side
- 5-6                    Cross/rock left over right, recover onto right
- 7&8                    Step left to side, step right together, step left to side

## **TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS TURN ¼ LEFT**

- 1-2                    Touch right toe forward, touch right toe to side
- 3&4                    Cross right behind left, step left to side, step right to side
- 5-6                    Touch left toe forward, touch left toe to side
- 7&8                    Cross left behind right, turn ¼ left and step right to side, step left to side

## **REPEAT**